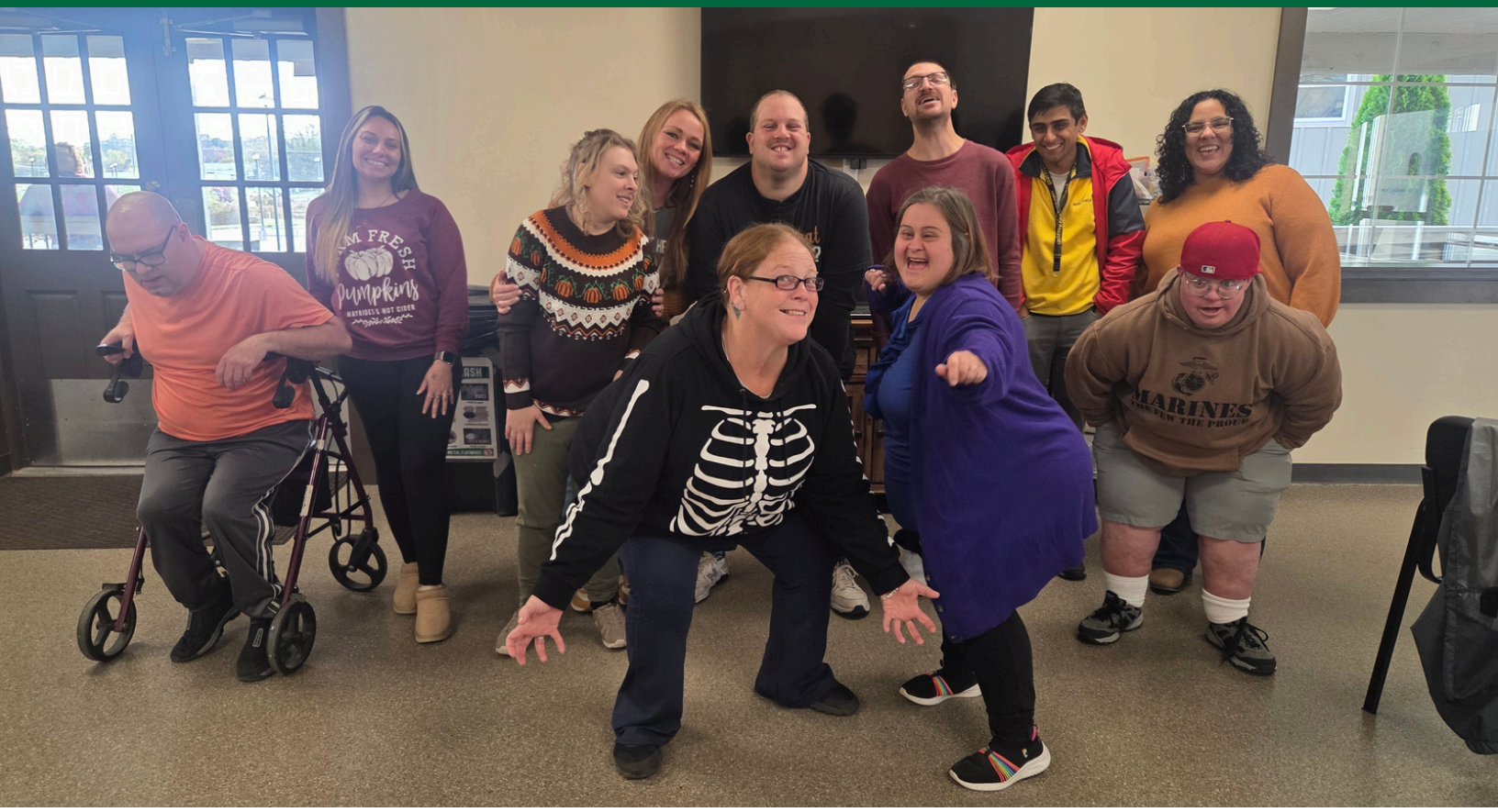
ABLE-SERVICES NEWSLETTER

A Review of Autumn 2025

Issue: 018



Follow Discover Support

A place where people grow Able-SERVICES

We are so excited to share some of the many activities and outings that our staff and participants were involved in over the past few months. Our mission is to enrich the lives of individuals and families with special needs and unique challenges through support and customized programs.



Facility Highlights

LET THE FALL FESTIVITIES BEGIN!





Things got a little messy—in the best way! 🎃💥 Participants had an absolute blast with our pumpkin catapult and pumpkin smash, launching pumpkins and watching them splat with excitement and laughter. These activities brought out creativity, teamwork, and plenty of big smiles as we celebrated the season in a fun and unforgettable way. Fall fun at its finest! 🍂😄







Facility Highlights









Our Thanksgiving celebration was full of delicious food, teamwork, and plenty of smiles! Participants rolled up their sleeves and took part in every step—planning, prepping, cooking, and serving the meal. The fun continued with our Thanksgiving brunch, where everyone enjoyed the food they helped create and shared lots of laughter along the way. It was a festive, feel-good celebration and a perfect way to give thanks together!









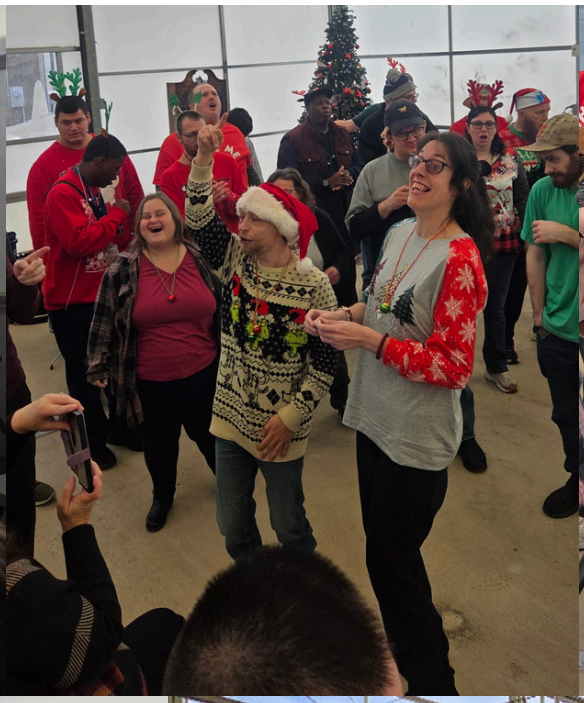




Facility Highlights

Our annual Christmas Concert was a joyful celebration of the season! Music and Wellness and Able Services presented Sounds of the Season, featuring singing, dancing, solos, guitar, and drums. Families, caregivers, and community members came out to enjoy the festive performances, and the smiles on everyone's faces say it all! This beloved event is always a favorite for our participants, giving them a chance to showcase their talents and share in the holiday spirit.











Facility Highlights











Twinning! One thing we love to do at Able is match!







Facility Highlights







Our participants enjoyed getting creative with tie-dye projects, designing colorful scarves and unique tie-dye ornaments. These handmade creations were used to decorate our Christmas tree for the Rocky Ridge Christmas Magic display, adding a personal and festive touch. The activity encouraged creativity, self-expression, and teamwork, and it was a meaningful way for participants to contribute to a special community tradition.







We had an air-mazing time when our Able friend Phil brought in his airbrush equipment and taught participants how to use it! Everyone got creative airbrushing pumpkins, trying new techniques, and having a blast turning pumpkins into colorful works of art

Facility Highlights



Our Able friend Jeff shared his amazing remote-controlled model trains with participants! 🚂 Favorites like James from Thomas the Tank Engine and the Hogwarts Express were a big hit. Participants enjoyed operating the trains, train-themed activities, and watching a video of Jeff's impressive home train display. It was a fun, hands-on day full of smiles!











Facility Extras

















GREENHOUSE HAPPENINGS



Pictured above: Participants are caring for our palm plants by trimming away dead leaves, helping keep the plants healthy and thriving. 🌿✂️

Pictured Below: Participants had fun drawing a giant snowglobe on the greenhouse floor and posing inside it for festive photos.

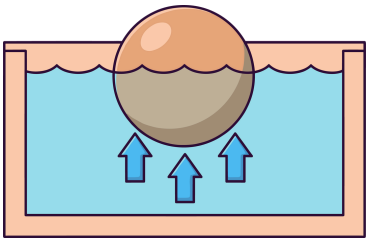






GREENHOUSE HAPPENINGS

Pumpkin science at Able! 🎃 Participants tested their predictions in a floating experiment using different pumpkin sizes. Even though they were heavy, all the pumpkins floated—thanks to the air inside that makes them less dense than water. A fun and surprising science activity!













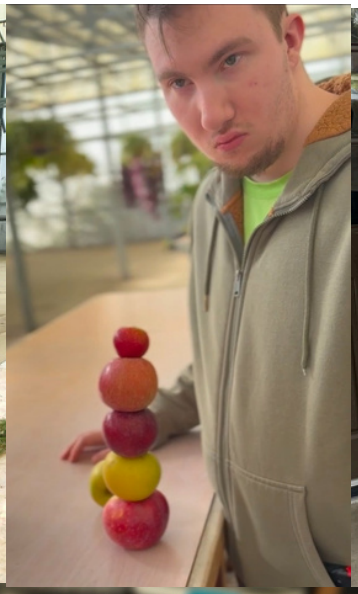


Our participants have been busy spreading kindness this past holiday season! They created beautiful holiday planters and then donated them to some of our amazing community partners who support and uplift our program all year long.

Greenhouse Extras

A PLACE WHERE PEOPLE GROW

















Community Activities







Our participants enjoyed taking part in seasonal activities like picking pumpkins, apple picking, and visiting local farms. These outings offered hands-on experiences, fresh air, and plenty of opportunities to explore, learn, and have fun together.







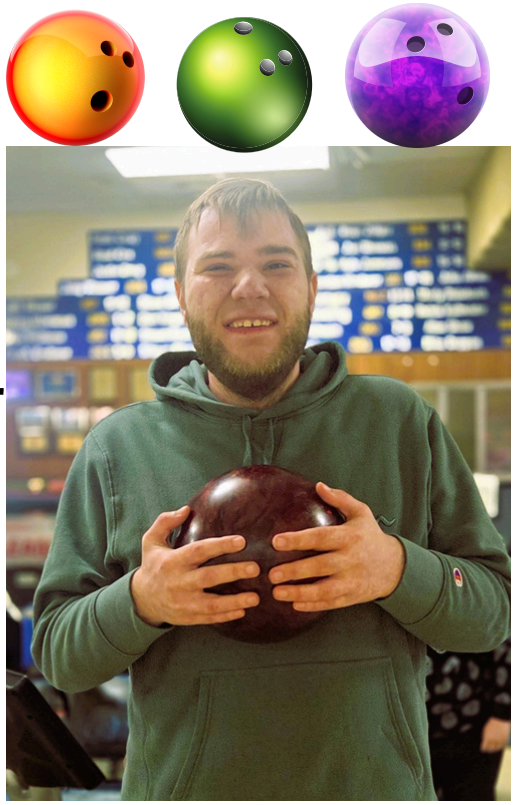


York Train Show at the York Fairgrounds. Participants explored train displays, visited vendors, and admired impressive and unique trains up close. It was a fun and engaging day of discovery during the fall season.

Community Activities



This fall, groups enjoyed fun community outings to Round One Arcade to play billiards and East Lincoln Lanes for bowling. 🎳🎱 These activities encouraged friendly competition, social connection, and lots of smiles.











Participants enjoyed spending time working out at the JCC gym, staying active and building strength in a supportive, encouraging environment. It was a great opportunity to focus on wellness, movement, and having fun together while exercising. 💪

Community Extras

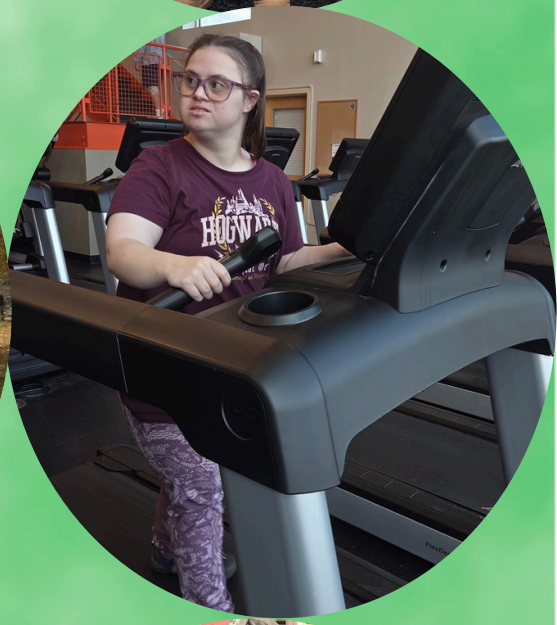














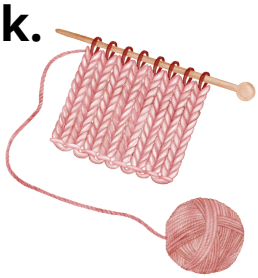




Volunteering Activities



Some participants spent the past year working hard on loom-knitting lap blankets — the love and care they've put into each one truly shows. We're proud to share that they completed 12 beautiful blankets, that we donated to Hospice & Community Care in York.





Participants made yummy homemade dog treats using natural ingredients . We then donated them to Find Toby Microchip Clinic



Volunteering Activities









GROUPS AT ABLE-SERVICES REGULARLY GO TO LOCAL COUNTY PARK TO PICK UP TRASH AND HELP KEEP OUR COMMUNITY BEAUTIFUL!

T'S REWARDING WORK THAT OUR PARTICIPANTS TRULY ENJOY – SPENDING TIME OUTDOORS, TAKING CARE OF NATURE, AND MAKING A POSITIVE IMPACT IN THE PLACES WE ALL LOVE TO VISIT.





ABLE















A PLACE WHERE PEOPLE GROW